



Kinesiology-Exercise & Sport Studies (Bachelor of Science) from Tarleton State University

Graduation Plan - Recommended Course Sequence (2024-25)

4-Year (Full-Time)

Blinn College District Kinesiology (A.S.)			Tarleton State University Kinesiology-Exercise & Sport Studies (B.S.)		
<b>Freshman</b>			<b>Junior</b>		
<b>Fall</b>			<b>Fall</b>		
ENGL 1301	Composition I	3	KINE 3330	Motor Behavior	3
BIOL 2401	Anatomy & Physiology I	4	KINE 3380	Adapted Physical Activity	3
020-GEN ED	MATHEMATICS*	3		Advanced Kinesiology Elective	3
KINE 1304	Personal/Comm Health I	3	ELECT	Elective*	3
KINE 11xx	Physical Education-Activity	1	ELECT	Elective*	3
KINE 1164	Intro to Phys Fitness & Wellness	1			
		<b>TOTAL 15</b>			<b>TOTAL 15</b>
<b>Spring</b>			<b>Spring</b>		
ENGL 1302	Composition II	3	KINE 3310	Tests & Measurements	3
BIOL 2402	Anatomy & Physiology II	4	KINE 3390	Kinesiology	3
KINE 1301	Foundations of Kinesiology	3		Advanced Kinesiology Elective	3
SPCH*	SPCH ELECT**	3		Advanced Kinesiology Elective	3
060-GEN ED	US HISTORY*	3	ELECT	Elective*	1
		<b>TOTAL 16</b>			<b>TOTAL 13</b>
<b>Sophomore</b>			<b>Senior</b>		
<b>Fall</b>			<b>Fall</b>		
060-GEN ED	US HISTORY*	3	KINE 4305	Capstone in Kinesiology	3
070-GEN ED	GOVERNMENT*	3	KINE 3370	Physiology of Exercise	3
040-GEN ED	HUMANITIES*	3		Advanced Kinesiology Elective	3
080-GEN ED	SOCIAL SCIENCE*	3		Advanced Elective	3
KINE 13xx/23xx	KINE Elective	3	ELECT	Elective*	3
KINE 11xx	Physical Education-Activity	1			
		<b>TOTAL 16</b>			<b>TOTAL 15</b>
<b>Spring</b>			<b>Spring</b>		
KINE 13xx/23xx	KINE Elective	3	KINE 3360	Sports Nutrition	3
070-GEN ED	GOVERNMENT*	3		Advanced Kinesiology Elective	3
050-GEN ED	CREATIVE ARTS*	3		Advanced Kinesiology Elective	3
KINE ELECT	Elective*	3		Advanced Elective	3
KINE ELECT	Elective*	3	ELECT	Elective*	3
		<b>TOTAL 15</b>			<b>TOTAL 15</b>
Notes					

**TOTAL CREDIT-ALL TERMS 120**

\*Consult with an academic advisor to determine best options

\*Hours required for electives may be reduced if additional hours are taken to fulfill other requirements (e.g., 030-GEN ED Natural Science)