

## Kinesiology-Exercise & Sport Studies (Bachelor of Science) from Tarleton State University Graduation Plan - Recommended Course Sequence (2025-26)

4-Year (Full-Time)								
Blinn College District					Tarleton State University			
Kinesiology (A.S.)					Kinesiology-Exercise & Sport Studies (B.S.)			
F	reshman	Fall			Junior	Fall		
	ENGL 1301	Composition I		3	KINE 3330	Motor Behavior	3	
	BIOL 2401	Anatomy & Physiology I		4	KINE 3380	Adapted Physical Activity	3	
	020-GEN ED	MATHEMATICS*		3	Advanced K	inesiology Elective	3	
	KINE 1304	Personal/Comm Health I	;	3	ELECT	Elective*	3	
	KINE 11xx	Physical Education-Activity		1	ELECT	Elective*	3	
	KINE 1164	Intro to Phys Fitness & Welli	ness	1				
		T	OTAL 1	5		TOTAL	15	
	Spring					Spring		
	ENGL 1302	Composition II		3	KINE 3310	Tests & Measurements	3	
	BIOL 2402	Anatomy & Physiology II		4	KINE 3390	Kinesiology	3	
	KINE 1301	Foundations of Kinesiology	:	3		inesiology Elective	3	
	SPCH*	SPCH ELECT**	:	3	Advanced K	inesiology Elective	3	
	060-GEN ED	US HISTORY*	:	3	ELECT	Elective*	1	
		-						
			OTAL 1	6		TOTAL	13	
S	ophomore	Fall			Senior	Fall		
S	060-GEN ED			3	KINE 4305	<b>Fall</b> Capstone in Kinesiology	3	
S	•	Fall			KINE 4305 KINE 3370	Fall Capstone in Kinesiology Physiology of Exercise		
S	060-GEN ED	Fall US HISTORY*		3	KINE 4305 KINE 3370 Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective	3	
S	060-GEN ED 070-GEN ED	Fall US HISTORY* GOVERNMENT*		3 3	KINE 4305 KINE 3370 Advanced K Advanced E	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective	3	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED	Fall US HISTORY* GOVERNMENT* HUMANITIES*		3 3 3	KINE 4305 KINE 3370 Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective	3 3 3	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE*		33 33 33 33	KINE 4305 KINE 3370 Advanced K Advanced E	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective	3 3 3 3	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE* x KINE Elective Physical Education-Activity T		3 3 3 3 3	KINE 4305 KINE 3370 Advanced K Advanced E	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective* TOTAL	3 3 3 3	
Si	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE*  KINE Elective Physical Education-Activity T Spring	OTAL 1	3 3 3 3 1 <b>6</b>	KINE 4305 KINE 3370 Advanced K Advanced E ELECT	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring	3 3 3 3 3	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE* ** KINE Elective Physical Education-Activity T Spring ** KINE Elective	OTAL 1	3 3 3 3 1 <b>6</b>	KINE 4305 KINE 3370 Advanced K Advanced E ELECT	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition	3 3 3 3 3 4 15	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx KINE 13xx/23x 070-GEN ED	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE* ** KINE Elective Physical Education-Activity T Spring ** KINE Elective GOVERNMENT*	OTAL 1	33 33 33 33 11 66	KINE 4305 KINE 3370 Advanced K Advanced E ELECT  KINE 3360 Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition inesiology Elective	3 3 3 3 3 4 15	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx KINE 13xx/23x 070-GEN ED 050-GEN ED	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE* * KINE Elective Physical Education-Activity T Spring * KINE Elective GOVERNMENT* CREATIVE ARTS*	OTAL 1	33 33 33 33 31 66	KINE 4305 KINE 3370 Advanced K Advanced E ELECT  KINE 3360 Advanced K Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition inesiology Elective inesiology Elective	3 3 3 3 3 4 15	
Si	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx  KINE 13xx/23x 070-GEN ED 050-GEN ED KINE ELECT	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE* ** KINE Elective Physical Education-Activity T Spring ** KINE Elective GOVERNMENT* CREATIVE ARTS* Elective*	OTAL 1	33 33 33 31 16 66	KINE 4305 KINE 3370 Advanced K Advanced E ELECT  KINE 3360 Advanced K Advanced K Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition inesiology Elective inesiology Elective lective	3 3 3 3 4 15	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx KINE 13xx/23x 070-GEN ED 050-GEN ED	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE*  X KINE Elective Physical Education-Activity T Spring  X KINE Elective GOVERNMENT* CREATIVE ARTS* Elective* Elective*	OTAL 1	33 33 33 33 33 33 33 33	KINE 4305 KINE 3370 Advanced K Advanced E ELECT  KINE 3360 Advanced K Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition inesiology Elective inesiology Elective	3 3 3 3 3 4 15	
S	060-GEN ED 070-GEN ED 040-GEN ED 080-GEN ED KINE 13xx/23x KINE 11xx  KINE 13xx/23x 070-GEN ED 050-GEN ED KINE ELECT	Fall US HISTORY* GOVERNMENT* HUMANITIES* SOCIAL SCIENCE*  X KINE Elective Physical Education-Activity T Spring  X KINE Elective GOVERNMENT* CREATIVE ARTS* Elective* Elective*	OTAL 1	33 33 33 33 33 33 33 35 5	KINE 4305 KINE 3370 Advanced K Advanced E ELECT  KINE 3360 Advanced K Advanced K Advanced K	Fall Capstone in Kinesiology Physiology of Exercise inesiology Elective lective Elective*  TOTAL Spring Sports Nutrition inesiology Elective inesiology Elective lective	3 3 3 3 3 4 15	

TOTAL CREDIT-ALL TERMS 120

<sup>\*</sup>Consult with an academic advisor to determine best options

<sup>\*</sup>Hours required for electives may be reduced if additional hours are taken to fulfill other requirements (e.g., 030-GEN ED Natural Science)