



Kinesiology (Bachelor of Applied Arts and Sciences) from Tarleton State University

Graduation Plan - Recommended Course Sequence (2026-27)

4-Year (Full-Time)

Blinn College District (A.A.S.)			Tarleton State University Kinesiology (B.A.A.S.)		
Freshman			Junior		
Fall			Spring		
ENGL 1301	Composition I	3	KINE 3360	Sports Nutrition	3
020-GEN ED	MATHEMATICS*	3	*	Advanced Kinesiology Elective	3
030-GEN ED	NATURAL SCIENCE*	4	*	Advanced Kinesiology Elective	3
060-GEN ED	US HISTORY*	3	*	Advanced Elective	3
KINE 1164	Into to Health & Wellness	1			
		TOTAL 14			TOTAL 12
Spring			Senior		
			Fall		
ENGL 1302	Composition II	3	KINE 3330	Motor Behavior	3
010-GEN ED	COMMUNICATION*	3	*	Advanced Kinesiology Elective	3
030-GEN ED	NATURAL SCIENCE*	4	*	Advanced Kinesiology Elective	3
060-GEN ED	US HISTORY*	3			
070-GEN ED	GOVERNMENT*	3			
		TOTAL 16			TOTAL 9
Sophomore			Spring		
Fall					
070-GEN ED	GOVERNMENT*	3	*	Advanced Kinesiology Elective	3
040-GEN ED	HUMANITIES*	3	*	Advanced Kinesiology Elective	3
050-GEN ED	CREATIVE ARTS*	3	*	Advanced Kinesiology Elective	3
080-GEN ED	SOCIAL SCIENCE*	3			
KINE 1301	Foundations of Kinesiology	3			
		TOTAL 15			TOTAL 9
WORKFORCE/TECHNICAL TRAINING/ELECTIVES/CREDIT FOR PRIOR LEARNING					
Occupational specialization, workforce and/or approved technical training (min. 12 credits)					
Electives: as needed to supplement training					45
Notes					

TOTAL CREDIT-ALL TERMS 120

*Consult with an academic advisor to determine best options

*Hours required for electives may be reduced if additional hours are taken to fulfill other requirements (e.g., 030-GEN ED Natural Science)

*30 hours must be from advanced coursework.

*30 hours of Tarleton State courses required for residency.