



Kinesiology-Exercise & Sport Studies (Bachelor of Science) from Tarleton State University

Graduation Plan - Recommended Course Sequence (2026-27)

4-Year (Full-Time)

Blinn College District Kinesiology (A.S.)			Tarleton State University Kinesiology-Exercise & Sport Studies (B.S.)				
Freshman	Fall		Junior	Fall			
	ENGL 1301	Composition I	3	KINE 3330	Motor Behavior	3	
	KINE 1301	Foundations of Kinesiology	3	KINE 3380	Adapted Physical Activity	3	
	020-GEN ED	MATHEMATICS*	3		or KINE 3375 Legal Issues in Sport & Rec		
	050-GEN ED	CREATIVE ARTS*	3		Advanced Kinesiology Elective	3	
	060-GEN ED	US HISTORY*	3	ELECT	Elective*	3	
				ELECT	Elective*	3	
		TOTAL	15			TOTAL	15
	Spring			Spring			
	ENGL 1302	Composition II	3	KINE 3310	Tests & Measurements	3	
	KINE 1304	Personal/Comm Health I	3	KINE 3390	Kinesiology	3	
	080-GEN ED	SOCIAL SCIENCE*	3	KINE 3345	Sport Leadership	3	
	SPCH*	SPCH ELECT**	3		Advanced Kinesiology Elective	3	
	060-GEN ED	US HISTORY*	3	ELECT	Elective*	3	
		TOTAL	15			TOTAL	15
Sophomore	Fall		Senior	Fall			
	BIOL 2401	Anatomy & Physiology I	4	KINE 4302	Psych Aspects of Sports	3	
	070-GEN ED	GOVERNMENT*	3	KINE 3370	Physiology of Exercise	3	
	040-GEN ED	HUMANITIES*	3		Advanced Kinesiology Elective	3	
*	KINE 2356	Care and Prevention of Injuries	3	ELECT	Elective*	3	
	KINE 1164	Intro to Phys Fitness & Wellness	1	ELECT	Elective*	3	
		TOTAL	14			TOTAL	15
	Spring			Spring			
	BIOL 2402	Anatomy & Physiology II	4	KINE 3360	Sports Nutrition	3	
	070-GEN ED	GOVERNMENT*	3	KINE 4398	Internship-Prof Development	3	
*	KINE 1338	Concepts of Physical Fitness	3	KINE 4399	Internship-Field Experience	3	
*	KINE 13xx/23xx	KINE Elective	3	ELECT	Elective*	3	
*	KINE 13xx/23xx	KINE Elective	3	ELECT	Elective*	3	
		TOTAL	16			TOTAL	15

Notes

TOTAL CREDIT-ALL TERMS 120

*Consult with an academic advisor to determine best options

*Hours required for electives may be reduced if additional hours are taken to fulfill other requirements (e.g., 030-GEN ED Natural Science)