



Kinesiology-Exercise & Sport Studies (Bachelor of Science) from Tarleton State University

Graduation Plan - Recommended Course Sequence (2023-24)

4-Year (Full-Time)

Blinn College District Kinesiology (A.S.)				Tarleton State University Kinesiology-Exercise & Sport Studies (B.S.)			
Freshman		Fall		Junior		Fall	
ENGL 1301	Composition I		3	KINE 3330	Motor Behavior		3
BIOL 2401	Anatomy & Physiology I		4	KINE 3380	Adapted Physical Activity		3
020-GEN ED	MATHEMATICS*		3	Advanced Kinesiology Elective			3
PHED 1304*	Personal/Community Health		3	ELECT	Elective*		3
EDUC 1100	Learning Frameworks		1	ELECT	Elective*		3
PHED 1164	Intro to Phys Fitness & Wellness		1				
			TOTAL 15				TOTAL 15
		Spring				Spring	
ENGL 1302	Composition II		3	KINE 3310	Tests & Measurements		3
BIOL 2402	Anatomy & Physiology II		4	KINE 3390	Kinesiology		3
PHED 1301	Foundations of Kinesiology		3	Advanced Kinesiology Elective			3
SPCH*	SPCH ELECT**		3	Advanced Kinesiology Elective			3
060-GEN ED	US HISTORY*		3	ELECT	Elective*		1
			TOTAL 16				TOTAL 13
Sophomore		Fall		Senior		Fall	
040-GEN ED	HUMANITIES*		3	KINE 4305	Capstone in Kinesiology		3
060-GEN ED	US HISTORY*		3	KINE 3370	Physiology of Exercise		3
070-GEN ED	GOVERNMENT*		3	Advanced Kinesiology Elective			3
080-GEN ED	SOCIAL SCIENCE*		3	Advanced Elective			3
PHED 1306	First Aid		3	ELECT	Elective*		3
PHED 11xx	Physical Education-Activity		1				
			TOTAL 16				TOTAL 15
		Spring				Spring	
PHED 1346	Drug Use & Abuse		3	KINE 3360	Sports Nutrition		3
050-GEN ED	CREATIVE ARTS*		3	Advanced Kinesiology Elective			3
070-GEN ED	GOVERNMENT*		3	Advanced Kinesiology Elective			3
ELECT	Elective*		3	Advanced Elective			3
ELECT	Elective*		3	ELECT	Elective*		3
			TOTAL 15				TOTAL 15

Notes

*PHED 1304 or 1338

*Consult with an academic advisor to determine best options

*Hours required for electives may be reduced if additional hours are taken to fulfill other requirements (e.g., 030-GEN ED Natural Science)

TOTAL CREDIT-ALL TERMS 120