

TAMU Psychology Clinic



Psychological Services for Currently Enrolled Upper-Division Students at the RELLIS Campus

*Clinical Psychology Doctoral
Training Program*

**Department of Psychological
& Brain Sciences
Texas A&M University
College Station, Texas
77843-4258**

**Suite 101 Milner Hall
425 Ross Street
Texas A&M University Campus
(979) 845-8017**

Directions

From State Hwy 6, exit University Dr. and proceed West past Texas Ave.

Move to the left lane on University Dr.

Pass Bizzell St./College Av., Spence St., and Church Av. and then move into the two left turn lanes at the intersection of University Dr. and Ireland St./Nagle St.

Turn left onto Ireland St. and carefully move to the right to the entrance of the Northside Parking Garage.

Go to: <http://aggiemap.tamu.edu/>

Type / click: Northside Parking Garage (NSG)

Type / click: Milner Hall (MILN) — TAMU Building 0420; 425 Ross St., 77843-4258

Parking

Parking near the Clinic is available at the Northside Parking Garage, but must be requested and confirmed by the Clinic in advance.

Instructions about parking in an unnumbered parking spot on Levels 3-6 in the Northside Parking Garage will be provided when your appointment is scheduled.

You must have a parking code (provided when your appointment is scheduled) to enter and exit the Northside Parking Garage.

Locating the Clinic

Exit the parking garage (walking) on the opposite side of the garage from which you entered on Ireland St. Cross Asbury St at the crosswalk at the intersection of New St. and Asbury St. Walk South (away from University Dr.) along the West sidewalk Asbury St.

Look for the Ground Level entrance to Milner Hall, which is the last building on the West side of Asbury St. at the intersection of Asbury St. and Ross St.

Enter the Ground Level door of Milner Hall and take the elevator to Level 1.

Exit the elevator and turn to the right to enter the Level 1 main hallway.

Follow the signs on hallway walls to the entrance to the Clinic, which is a glass door labeled, "TAMU PSYCHOLOGY CLINIC SUITE 101".

Check-in with Clinic Staff at the reception window of the waiting room.

**Milner Hall – North Entrance from
Northside Parking Garage**



***Please complete 1st-appointment
required forms:***

<https://liberalarts.tamu.edu/psychology/about/psychology-clinic/>

Comprehensive Psychological Services

The TAMU Psychology Clinic is a not-for-profit training facility for the Clinical Psychology Doctoral Training Program in the Department of Psychological & Brain Sciences at Texas A&M University. Clinic services are provided by graduate students who are completing advanced doctoral training under the direct supervision of the Clinical Psychology faculty.

The RELLIS Campus administration has arranged for the Clinic to provide psychological services for currently enrolled upper-division students at the RELLIS Campus at no fees for services to students-clients.

The three main functions of the Clinic are: (a) to provide professional training for Clinical Psychology graduate students, (b) to assist with clinically relevant research projects, & (c) to offer comprehensive psychological services to the Bryan-College Station region.

A broad range of behavioral, emotional, cognitive, developmental, life-span, health related, family-of-origin, & interpersonal issues may be addressed through Clinic services. Therapeutic approaches used by Clinic Supervisors include cognitive-behavioral, family systems, interpersonal, & psychodynamic orientations.

Clinic services are available to: (a) currently enrolled upper-division students at the RELLIS Campus at no fees for services to students-clients and (b) persons from the community & to persons affiliated with Texas A&M University (students, staff, or faculty) for low-rate fees for services.

Specialized Clinic services include:

- psychological evaluations
- individual adult therapy
- couples therapy
- group therapy
- behavioral health services
- consultation with schools, allied health professionals, physicians, & community agencies

Requesting Services

Clinic office hours are 8:00 AM-6:30 PM Monday through Thursday & 8:00 AM-2:30 PM Friday. The Clinic operates 12 months per year. The Clinic is located on Level 1 of Milner Hall, which is two blocks South of University Dr. near the Sbis Building and the water tower on campus.

Interested persons may call the Clinic at (979) 845-8017 to request, or to inquire about, services. RELLIS CALLERS MUST STATE THAT THEY ARE CURRENTLY ENROLLED UPPER-DIVISION RELLIS STUDENTS.

Arrangements will be made with callers to complete a telephone interview to

determine if the caller's needs match services the Clinic is equipped to provide. Some services in Spanish are available.

If a caller's needs exceed the Clinic's capacities, referrals to other agencies or behavioral health practitioners will be provided. If the Clinic is able to offer services, arrangements will be made to assign the caller to an evaluator/therapist when available. Callers may be assigned to a waiting list until a therapist becomes available.

Clinical Program Faculty

Gerianne Alexander, Ph.D., Professor;
Director of Clinical Training

John Edens, Ph.D., Professor

Sherecce Fields, Ph.D., Associate
Professor

Robert Heffer, Ph.D., Clinical Professor;
Clinic Director; Associate Director of
Clinical Training

Annamarie MacNamara, Ph.D.,
Assistant Professor

Mary Meagher, Ph.D., Professor

Les Morey, Ph.D., Professor

Douglas Snyder, Ph.D., Professor
Idia Thurman, Ph.D., Associate
Professor

Clinic Staff

Brandi Mathis, Administrative Associate
Caroline Gonyon & Jordan Schueler,
Clinic Coordinators